



lazy beef lasagna



classic shepherd's pie

# BEEF.

IT'S WHAT'S FOR DINNER.®

## shopping list

### MEAT

- 1 1/2 lbs of ground beef (93% lean)

### PRODUCE

- Garlic (1 tbsp, minced)
- Onions (1 1/2 cups, chopped)
- Ground nutmeg (1/4-1/2 tsp)
- Black pepper (1/2 tsp)

### REFRIGERATED

- Shredded Italian cheese blend (1 cup)
- Shredded Parmesan cheese (2 tbsp)
- Cheese ravioli (20-25oz)

### FROZEN

- Peas and carrots blend (1 1/2 cups)

### PANTRY

- Pasta or marinara sauce (26oz)
- Beef gravy (1 1/2 cups, prepared)
- Mashed potatoes (3 cups, prepared)

### NOTES

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